

# Salad

## Sauerkraut Salad

from Tancook Sauerkraut



Put a fresh spin on this  
traditional favourite



### SAUERKRAUT SALAD

- 1 900g container Tancook Sauerkraut (drained)
  - 1 cup white sugar
  - 1/2 cup white vinegar
  - 1/3 cup vegetable oil
- Grate and mix with first 4 ingredients:
- 1 medium onion
  - 1 medium green pepper
  - 1 cup celery
  - 1 medium carrot



For more on Tancook Sauerkraut visit [tancooksauerkraut.wordpress.com](http://tancooksauerkraut.wordpress.com)